

Subject: PE Class: Seven Chapter- 4: (The personal safety of adolescence) Lesson -3: Physical and mental health at adolescent

Q-1: What is oppression?

Ans: If somebody is compelled to do anything against his/her will and if this causes any physical & mental damage, this can be called oppression.

Q-2: How many types of oppression are there?

Ans: The innocent children are oppressed in three ways/ there are three types of oppression. i.e. (a) Physical (b) Mental & (c) Sexual oppression

Q-3: What is physical oppression?

Ans: If somebody is oppressed physically then it is called physical oppression.

Q-4: What is mental oppression?

Ans: The harsh behavior, words etc. afflict the children & hinder their mental development. These are called mental oppression i.e. scolded, rebuke, insult, shouting etc.

Q-5: What is Sexual oppression?

Ans: Sexual oppression is another aspect which causes in compensable damage to a child. If some parts of the body of a girl, specially covered parts is touched with hands or with any other portion of his body with a wrong intention is called sexual oppression. It is very much painful for a girl to become back to a normal life after being victimized sexually. She becomes humiliated personally in her family & society.

Q-6: What is child marriage?

Ans: If any marriage takes placed at their early age, it may be called child marriage. According to the Marriage registration act' now prevailing in Bangladesh, the marriage between a male & female below the age level of 21 & 18 years of age respectively is strictly prohibited legally.

Now you will try to solve the answer of the following questions

- 1. What are considered as the act of oppression?
- 2. Why is it very painful for a girl to become back in normal life?
- 3. When is the marriage strictly prohibited legally between a male & female according to prevail 'marriage registration acts' in Bangladesh?
- 4. Who are become the most victims of oppression in our country?
- 5. Who are becomes humiliated personally in our family & society?
- 6. Who are prone to get their child early marriage?
- 7. What are the main reasons of child marriage?
- 8. What are the results of child marriage?
- 9. What types of necessary measures (Steps) are to be taken in order to buildup the children as the ideal citizen of the future day of our country?